


Madison High School
THE WARHAWK BULLETIN
TUESDAY, JANUARY 17, 2023

“To prepare students to be 21st century global citizens by establishing a positive trajectory for success through a rigorous curriculum and a comprehensive educational experience.

2022-2023 BELL SCHEDULE

Regular School Day			PLC Schedule – 9/14, 10/12, 11/9 12/14, 1/11, 2/8, 3/8, 4/12, 5/10	
Period 1	8:45 – 9:42		Nutrition	
Nutrition			Period 1	10:03 – 10:47
Period 2	9:49 – 10:46		Period 2	10:54 – 11:38
Period 3	10:51 – 11:48		Period 3	11:43 – 12:27
Lunch	11:53 – 12:23		Lunch	12:32 – 1:02
Period 4	12:28 – 1:25		Period 4	1:07 – 1:51
Period 5	1:30 – 2:27		Period 5	1:56 – 2:40
Period 6	2:32 – 3:29		Period 6	2:45 – 3:29
FINALS WEEK		THURSDAY, Jan 19th Periods 1, 2 & 3 FRIDAY, Jan 20th Periods 2, 4 & 6 PERIODS 1, 4..... 8:45AM TO 10:20AM PERIODS 2, 5..... 10:25AM TO 12PM LUNCH..... 12:05PM TO 12:35PM PERIODS 3, 6..... 12:40 TO 2:15PM		
TIPS FOR SUCCESS FROM NURSE JEN		Why is sleep important during exams? They say the best 'food' for the brain is sleep. You need to allow yourself, 8-9 hours' sleep every night. This will allow your brain to fully function the next day, your concentration levels will remain high and you will have more energy throughout the day.		
DANCE TEAM GUILTEA FUNDRAISER		Come grab a sweet treat and hang out at GuilTea on Friday, January 20th (after finals) from 3:30-7pm. Mention that you are there to support Dance Team to help us raise money for uniforms! Then catch us performing at the Varsity Basketball Home Game at Half time!		
JOB OPPORTUNITY		Looking for a job? The Live Well San Diego Youth Sector is currently looking for the following positions, Youth Sector Coordinators, Youth Leaders and Content Creators. Students ages 16-24 years old are encouraged to apply! Please see this FLYER for more details. The deadline to apply is January 22, 2023 at www.livewellsd.org/youth or email: LiveWellYouth@sdcounty.ca.gov . If you have questions contact Ms. Middlebrooks (vmiddlebrooks@sandi.net)		
SAN DIEGO BLACK COLLEGE EXPO		San Diego County of Education Presents 6th Annual San Diego Black College Expo on Thursday January 26th 2023 at MLK Center at Bayview at 12:30pm to 5pm. Students have a chance to meet 1:1 with 20+ HBCUs and a variety of other colleges and universities. If you're a Senior or Junior you have a chance to get accepted and awarded scholarships right on the spot (Must bring your transcripts). There is an opportunity to get Educational Resources. Everyone is Welcome...it's for students of all Ages. RSVP your spot on the bus. Space is limited so sign up fast. See Ms. Middlebrooks if you have any questions. https://docs.google.com/forms/d/e/1FAIpQLSfAhxuA2csdt2Kt-qns0yh5kVZOKk21MqwX66SCI8KUYHoag/viewform		

VOLUNTEERS NEEDED	The American Lung Association is currently seeking volunteers for the Lung Force Walk on January 29th, 2023 at Liberty Station. Sign up to learn about working for a non-profit, gain experience and help promote and advocate for lung health amongst your peers and community. For questions and further information, see link below, contact Michelle Gonzales at michelle.gonzales@lung.org or see Ms. Middlebrooks if in the office. https://exchange.sandi.net/owa/projection.aspx#:~:text=Looking%20to%20make,have%20any%20questions
BACHATA DANCE PARTY NIGHT	Dance Team will be hosting a Bachata Night Party Fundraiser on Thursday, February 16th from 4-6pm. We will start with a 30 minute lesson on Bachata basics and then have an open floor party to dance bachata with all of your friends! Bring a partner to dance with or come alone! \$3 solo entrance, or bring a friend and enter together for \$5. Location: Dance Room (behind the Gym).
SCHOLARSHIPS	Seniors, want to pursue a career in teaching or STEM (Science, Technology, Engineering and Mathematics)? The San Diego Education Fund is providing scholarships and mentoring Application period: 11/7-2/25/23 . Contact Ms. Middlebrooks (vmiddlebrooks@sandi.net) if you have questions. https://drive.google.com/file/d/1KarLI3K-O2O75cc-OFrO28hSV7rpSXBu/view?usp=share_link
COVID TESTING	You must be registered to have Covid testing on Wednesdays at Madison. Link to sign up for Covid testing on campus: https://my.primary.health/l/sdusd_2022

COUNSELOR DISTRIBUTION	<div>Mrs. Guerra A – G X 3034</div> <div>Ms. Colon H – N X 3035</div> <div>Mrs. Sphonix-Rust O – Z X 3037</div>
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